

Expressive Arts and Design is one of the four specific areas of learning and development in the Early Years Foundation Stage.

This area of learning

- Encourages all children to explore a wide range of media and materials, some familiar and some possibly new to them.
- Encourages all children to use their imagination so that they feel enabled to represent their ideas, thoughts and emotions through a range of experiences such as art, music, dance, role play and stories

### **How can you help your child?**

- Provide opportunities for your child to make his/her own creations, for example, models, paintings.
- Provide access to a wide range of materials such as crayons, paints, glue, materials.

- Encourage your child to make independent choices about which materials they want to use.
- Encourage your child to express how they are feeling and what they think about their work.
- Use lots of expression when telling/reading a story.
- Provide fabric/dressing up clothes for your child to use in imaginative play and sometimes join in with pretend play.
- Enjoy singing together.
- Enjoy listening and moving to a range of music together.
- Share and act out stories together.
- Play with musical instruments together.
- Observe your child and positively develop any interests/responses to experiences.

## Useful links

[www.jabadao.org](http://www.jabadao.org)

[www.samesky.co.uk](http://www.samesky.co.uk)

[www.earlyarts.co.uk](http://www.earlyarts.co.uk)

[www.kidsinbrighton.co.uk](http://www.kidsinbrighton.co.uk)

[www.childfriendlybrighton.co.uk](http://www.childfriendlybrighton.co.uk)

[www.ncb.org.uk](http://www.ncb.org.uk)

# The Early Years Foundation Stage (EYFS)

## Areas of Learning and Development



## Expressive Arts and Design