

## ASTHMA CARD

To be completed the parent/ carer and given to the setting. **This card should be replaced when treatment changes and reviewed at the beginning of each year.**

Full name		Date of birth	
Full postal home address			
Parent/carers name			
Telephone number			
Doctor's name			
Doctor's telephone number			

**Prescription labels should be on all medicines and should be in date**

### RELIEVER TREATMENT WHEN NEEDED

For shortness of breath, sudden tightness in the chest, wheeze or cough, help my child to take the medicines below. After treatment and as soon as they feel able, they can return to normal activity.

Medicine	
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### EXPIRY DATES OF MEDICINES

Medicine	Expiry date	Manager's signature

Card Issue: \_\_\_\_/\_\_\_\_/20\_\_

**WHAT SIGNS CAN INDICATE THAT YOUR CHILD IS HAVING AN ASTHMA ATTACK?**

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**CAN YOUR CHILD TELL YOU WHEN THEY NEED MEDICINE?**

<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
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**WHAT ARE YOUR CHILD'S TRIGGERS THAT MAKE THEIR ASTHMA WORSE?**

<input type="checkbox"/>	Pollen	<input type="checkbox"/>	Stress	<input type="checkbox"/>	Exercise	<input type="checkbox"/>	Weather	<input type="checkbox"/>	Colds	<input type="checkbox"/>	Air pollution
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**Other**

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**DOES YOUR CHILD NEED TO TAKE ANY OTHER ASTHMA MEDICINES WHILST IN THE NURSERY'S CARE?**

Medicine	
How much and when	

**PARENT/GUARDIAN/CARER**

Parent/carer's Signature:		Date:	
Manager's signature		Date:	

**Guidance Notes**

The details above remain confidential except in the case of child protections issues. Please note that the setting has an obligation to report to Ofsted and the Child Protection Team any information that may relate to a child protection issue.

1. A separate record form must be completed for each child.
2. A new form should be complete if there is a change of treatment and at the beginning of each year.
3. The main carer should sign the *Asthma Card*. On completion it should be given to the setting, prior to the commencement of care, who will then give the parent/guardian/carer a photocopy of the completed *Asthma Card*. These details are confidential and the setting has a duty to keep them in a secure environment.