## Allergen Content

Dish						Jupin Flour	MILK	Musynas			
	Celery	Cereals containing Gluten	Crustaceans /Mollusc	Eggs	Fish	Lupin	Dairy	Mustard	Nuts /Peanuts	Sesame Seeds	Soya
Breakfast											
Ready Brek made with milk							1				
Shreddies with milk		1					✓				
Rice Crispies with milk		1					1				
Toast with butter		1					1				
Fresh carbohydrat	e snack										
Teacakes with butter		1					✓				
Bagel with butter		1					1				
Brioche		1									
English Muffins with butter		1					1				
Crumpets with butter		1					✓				
Scotch Pancakes		1									
Main meals	•		,			•	,	•	,	,	•
Spaghetti with homemade Tomato, Pea and Mascarpone Sauce		1					1				

Dish						Lupin Flour	MILK	Mustako			
	Celery	Cereals containing Gluten	Crustaceans /Mollusc	Eggs	Fish	Lupin	Dairy	Mustard	Nuts /Peanuts	Sesame Seeds	Soya
Roast Chicken with roast Potatoes and Broccoli											
Fish bites with oven baked chips & peas		1			1						
Spaghetti Bolognese		✓									
Spaghetti Quorn Bolognese		1		1							
Chicken Goujons and spaghetti with homemade Tomato sauce		1									
Cottage Pie with mixed vegetables							1				
Sausage, Beans and mashed Potato Bake							1				
Pork and Mushroom Linguine		1		✓							
Tuna Pasta Bake		1			1						
Chicken Casserole											
Fish Pie							1				
Chicken Curry with Rice											
Beef Chilli with rice											
Quorn Chilli with rice				1							

Dish						Lupin Flour	MILK 9:39	Mustako			
	Celery	Cereals containing Gluten	Crustaceans /Mollusc	Eggs	Fish	Lupin	Dairy	Mustard	Nuts /Peanuts	Sesame Seeds	Soya
Baby meals											
Potato and Parsnip puree											
Lentils puree											
Leek and Pea puree											
Sweet Potato and Spinach puree							1				
Beef Casserole											
Chicken Casserole											
Dried carbohydrate	e snack										
Rice cakes		1								1	
Breadsticks		1					1			1	
Savory crackers		1		1			1			1	1
Cheese & onion twists		1					1				
French toast		1								1	
Crispbakes		1									
Afternoon teas											
Spaghetti, Pesto and grated Cheese		1					1		1		
Cheese and Tomato & Tuna Pizzas		1			1		1				

Dish						upin Flour	MILK	Musyman			
	Celery	Cereals containing Gluten	Crustaceans /Mollusc	Eggs	Fish	Lupin	Dairy	Mustard	Nuts /Peanuts	Sesame Seeds	Soya
Variety of sandwiches, Cheese and Pineapple, Tortilla chips		1		1	1		1				
Beans on toast with grated Cheese		1					1				
Hummous with Toasted Pitta bread & Cheese and Pineapple		1					1			1	